

| Plaats | Nummer | Naam | GJ | Geslacht | Gemeente | Tijd | Snelheid | Tijd/km |
|-----------------|--------|------------------------|------|----------|--------------|-----------|----------|---------|
| 8km | | | | | | | | |
| f | | | | | | | | |
| Vrouwen | | | | | | | | |
| 1. | 427 | Els Van De Velde | 1990 | f | Bredene | 0:41:59,0 | 11.4 | 5:14 |
| 2. | 488 | Shirley Devriendt | 1986 | f | Bredene | 0:43:53,2 | 10.9 | 5:29 |
| 3. | 562 | Lieselot Bertho | 1990 | f | Mechelen | 0:44:06,2 | 10.8 | 5:30 |
| 4. | 500 | Elke Vanhooren | 1994 | f | Bredene | 0:48:35,2 | 9.8 | 6:04 |
| 5. | 560 | Kelly Marleen | 1985 | f | Bredene | 0:49:09,0 | 9.7 | 6:08 |
| 6. | 542 | Wendy Vadenberghe | 1988 | f | Bekegem | 0:49:15,6 | 9.7 | 6:09 |
| 7. | 528 | Rowie David | 1994 | f | Westende | 0:49:19,5 | 9.7 | 6:09 |
| 8. | 450 | Leen Moeyaert | 1982 | f | Koksijde | 0:49:36,8 | 9.6 | 6:12 |
| 9. | 477 | Kaatje Lucas | 1994 | f | Oostende | 0:49:57,6 | 9.6 | 6:14 |
| 10. | 426 | Caroline Maes | 1985 | f | Deinze | 0:50:19,6 | 9.5 | 6:17 |
| 11. | 462 | Freeke Campens | 1989 | f | Gent | 0:51:19,0 | 9.3 | 6:24 |
| 12. | 414 | Isabel Clauw | 1982 | f | Bredene | 0:51:53,3 | 9.2 | 6:29 |
| 13. | 493 | Lindsay Burke | 1992 | f | Oostende | 0:51:53,4 | 9.2 | 6:29 |
| 14. | 441 | Liesbeth Slembrouck | 1988 | f | Gent | 0:52:25,7 | 9.1 | 6:33 |
| 15. | 429 | Tina Van Kerschaver | 1983 | f | Gent | 0:52:25,9 | 9.1 | 6:33 |
| 16. | 421 | Sylvia Thirion | 1982 | f | Bredene | 0:53:15,5 | 9.0 | 6:39 |
| 17. | 552 | Vanessa Duwyn | 1984 | f | Bredene | 0:53:37,7 | 8.9 | 6:42 |
| 18. | 526 | Anthea Antierens | 1991 | f | Bredene | 0:53:49,0 | 8.9 | 6:43 |
| 19. | 492 | Kamy Van Hee | 1993 | f | Bredene | 0:53:59,7 | 8.8 | 6:44 |
| 20. | 446 | Leo Ackein | 2002 | f | Bredene | 0:56:11,0 | 8.5 | 7:01 |
| 21. | 490 | Mieke Marvellie | 1983 | f | Bredene | 0:56:12,3 | 8.5 | 7:01 |
| 22. | 513 | Charlotte De Rycker | 1982 | f | Bredene | 0:56:31,9 | 8.4 | 7:03 |
| 23. | 537 | Tine Van Hoornick | 1998 | f | Blankenberge | 0:59:38,4 | 8.0 | 7:27 |
| 24. | 413 | Charlot Demeulemeester | 1988 | f | Gent | 1:00:37,3 | 7.9 | 7:34 |
| 25. | 509 | Carmen Schoors | 1989 | f | Maldegem | 1:00:37,9 | 7.9 | 7:34 |
| Masters Vrouwen | | | | | | | | |
| 1. | 520 | Nel Van Damme | 1978 | f | Oostende | 0:34:49,2 | 13.7 | 4:21 |
| 2. | 531 | Heidi Dupont | 1980 | f | Oostende | 0:37:44,0 | 12.7 | 4:43 |

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| 3. | 431 | Brigitte Crefcoeur | 1961 | f | De Haan | 0:40:53,0 | 11.7 | 5:06 |
| 4. | 497 | Nicole Dewilder | 1961 | f | Vossem | 0:41:47,7 | 11.4 | 5:13 |
| 5. | 518 | Thea Van Rumst | 1966 | f | Lokeren | 0:42:37,7 | 11.2 | 5:19 |
| 6. | 499 | Sonja Pierloot | 1968 | f | Oostende | 0:42:39,7 | 11.2 | 5:19 |
| 7. | 445 | Bieke Vanborm | 1979 | f | Gistel | 0:42:54,2 | 11.1 | 5:21 |
| 8. | 557 | Conny Janssens | 1964 | f | Oostende | 0:45:33,8 | 10.5 | 5:41 |
| 9. | 546 | Peggy Decloedt | 1974 | f | Oudenburg | 0:46:16,6 | 10.3 | 5:47 |
| 10. | 410 | Marjan Malfait | 1957 | f | Blankenberge | 0:46:28,8 | 10.3 | 5:48 |
| 11. | 539 | Cindy Verhaeghe | 1978 | f | Eernegem | 0:47:46,0 | 10.0 | 5:58 |
| 12. | 535 | Nancy Maerten | 1969 | f | Eeklo | 0:47:54,0 | 10.0 | 5:59 |
| 13. | 476 | Carine Leuwers | 1972 | f | Reninge | 0:48:03,7 | 9.9 | 6:00 |
| 14. | 559 | Kristien Ghyoot | 1973 | f | Leffinge | 0:49:15,7 | 9.7 | 6:09 |
| 15. | 561 | Agnes Janssens | 1968 | f | Bredene | 0:49:16,2 | 9.7 | 6:09 |
| 16. | 403 | Cami Verwerft | 1966 | f | Oostende | 0:49:18,0 | 9.7 | 6:09 |
| 17. | 787 | Sylvie Vanhoutte | 1979 | f | Middelkerke | 0:49:25,7 | 9.7 | 6:10 |
| 18. | 474 | Nathalie Vlaminck | 1977 | f | Oostende | 0:49:32,4 | 9.6 | 6:11 |
| 19. | 405 | Marijke Malfait | 1979 | f | Bredene | 0:49:36,5 | 9.6 | 6:12 |
| 20. | 466 | Karin Gesquiere | 1980 | f | Oostende | 0:49:49,3 | 9.6 | 6:13 |
| 21. | 443 | Nadia Babic | 1977 | f | Oostende | 0:49:59,2 | 9.6 | 6:14 |
| 22. | 425 | Trees Rommelaere | 1959 | f | Bredene | 0:50:26,6 | 9.5 | 6:18 |
| 23. | 553 | Christine Legein | 1969 | f | Oostende | 0:51:41,2 | 9.2 | 6:27 |
| 24. | 549 | Annelieke Manesse | 1974 | f | Vosselare | 0:52:05,3 | 9.2 | 6:30 |
| 25. | 481 | Kim Allonsius | 1981 | f | Bredene | 0:52:11,2 | 9.1 | 6:31 |
| 26. | 516 | Rosie Dierickx | 1957 | f | Asse | 0:52:23,9 | 9.1 | 6:32 |
| 27. | 415 | Carla Taelmans | 1973 | f | Bredene | 0:52:32,8 | 9.1 | 6:34 |
| 28. | 470 | Leslie Wets | 1975 | f | Gistel | 0:53:54,0 | 8.9 | 6:44 |
| 29. | 406 | Catherine De Coninck | 1981 | f | Koolkerke | 0:54:19,3 | 8.8 | 6:47 |
| 30. | 555 | Sonja Vandendriessche | 1959 | f | Bredene | 0:55:22,9 | 8.6 | 6:55 |
| 31. | 442 | Nancy Volckeryck | 1969 | f | Bredene | 0:55:23,1 | 8.6 | 6:55 |
| 32. | 480 | Claudia Bragard | 1979 | f | Oostende | 0:55:37,6 | 8.6 | 6:57 |
| 33. | 483 | Vanessa Lenaers | 1975 | f | Oostende | 0:55:46,2 | 8.6 | 6:58 |
| 34. | 479 | Cindy D'Hont | 1973 | f | Oostende | 0:55:46,5 | 8.6 | 6:58 |

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| 35. | 401 | Natalie Allonsius | 1980 | f | De Haan | 0:56:07,3 | 8.5 | 7:00 |
| 36. | 444 | Patricia Thyvelin | 1971 | f | Bredene | 0:56:28,0 | 8.5 | 7:03 |
| 37. | 463 | Katy Ackein | 1962 | f | Bredene | 0:56:33,1 | 8.4 | 7:04 |
| 38. | 438 | Nancy Corbeels | 1971 | f | Bredene | 0:57:06,5 | 8.4 | 7:08 |

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Mannen

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| 1. | 544 | Yordi Vanhee | 1993 | m | Oostende | 0:29:39,5 | 16.1 | 3:42 |
| 2. | 510 | Jasper Vitse | 2000 | m | Bredene | 0:32:00,7 | 14.9 | 4:00 |
| 3. | 428 | Joachim Cremer | 1991 | m | Gent | 0:39:40,6 | 12.0 | 4:57 |
| 4. | 563 | Yannick Schoors | 1986 | m | Schoten | 0:40:51,8 | 11.7 | 5:06 |
| 5. | 538 | Tom Van Vaerenbergh | 1983 | m | Denderleeuw | 0:42:01,5 | 11.4 | 5:15 |
| 6. | 498 | Shawn Muller | 1996 | m | Oostende | 0:42:39,6 | 11.2 | 5:19 |
| 7. | 487 | Maikel Vanschoor | 1985 | m | Bredene | 0:43:27,8 | 11.0 | 5:25 |
| 8. | 530 | Vincent Vanhaesebrouck | 1992 | m | Borgerhout | 0:44:09,5 | 10.8 | 5:31 |
| 9. | 550 | Bart Seys | 1984 | m | Bredene | 0:46:03,9 | 10.4 | 5:45 |
| 10. | 472 | Jeroen Verniers | 1983 | m | Bredene | 0:46:22,6 | 10.3 | 5:47 |
| 11. | 409 | Maarten Verstraete | 1987 | m | Moorsele | 0:48:15,1 | 9.9 | 6:01 |
| 12. | 558 | Tim Vandierendonck | 1983 | m | Bredene | 0:49:07,8 | 9.7 | 6:08 |
| 13. | 475 | Niels Jonghmans | 1989 | m | Bredene | 0:49:17,1 | 9.7 | 6:09 |
| 14. | 471 | Ludwig Bonte | 1983 | m | Bredene | 0:49:17,3 | 9.7 | 6:09 |
| 15. | 508 | Tim De Putter | 2002 | m | De Haan | 0:54:00,8 | 8.8 | 6:45 |

Masters Mannen

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| 1. | 527 | Stijn Vandevelde | 1977 | m | Otegem | 0:28:14,0 | 17.0 | 3:31 |
| 2. | 525 | Frederik Ameloot | 1977 | m | Veldegem | 0:30:10,7 | 15.9 | 3:46 |
| 3. | 457 | Jeroen Swinnen | 1979 | m | Bredene | 0:30:33,2 | 15.7 | 3:49 |
| 4. | 423 | Laurent Meese | 1969 | m | Brugge | 0:30:49,2 | 15.5 | 3:51 |
| 5. | 529 | Dennis Leyzen | 1973 | m | Wenduine | 0:33:36,6 | 14.2 | 4:12 |
| 6. | 465 | Dirk Luypaert | 1964 | m | Oostende | 0:34:24,9 | 13.9 | 4:18 |
| 7. | 451 | Gunter Laenens | 1971 | m | Bredene | 0:34:27,8 | 13.9 | 4:18 |
| 8. | 419 | Michiel Clinckaert | 1979 | m | Bredene | 0:34:30,3 | 13.9 | 4:18 |
| 9. | 486 | Stefaan Uyttersprot | 1964 | m | Affligem | 0:35:18,2 | 13.5 | 4:24 |
| 10. | 458 | Stefaan Westerlinck | 1978 | m | Kortrijk | 0:35:53,1 | 13.3 | 4:29 |

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| 11. | 521 | Erik Droogmans | 1963 | m | Ternat | 0:35:55,4 | 13.3 | 4:29 |
| 12. | 511 | Mathias De Jans | 1978 | m | Deinze | 0:36:07,8 | 13.2 | 4:30 |
| 13. | 533 | Geert Vanparys | 1970 | m | Bredene | 0:37:46,3 | 12.7 | 4:43 |
| 14. | 534 | Erik Nuyts | 1965 | m | Eeklo | 0:39:40,1 | 12.0 | 4:57 |
| 15. | 547 | Michael De Backer | 1970 | m | Oostende | 0:40:27,8 | 11.8 | 5:03 |
| 16. | 447 | Bart Schockaert | 1970 | m | Bredene | 0:41:07,2 | 11.6 | 5:08 |
| 17. | 473 | Koen Handekyn | 1975 | m | Lochristi | 0:42:11,8 | 11.3 | 5:16 |
| 18. | 459 | Hans Despodt | 1975 | m | Bredene | 0:42:18,6 | 11.3 | 5:17 |
| 19. | 433 | Olivier D'haenen | 1971 | m | Bredene | 0:42:49,1 | 11.2 | 5:21 |
| 20. | 437 | Stefaan Vanhecke | 1967 | m | Oostende | 0:43:05,8 | 11.1 | 5:23 |
| 21. | 545 | Ralph Bruinaars | 1964 | m | Bredene | 0:43:38,4 | 10.9 | 5:27 |
| 22. | 507 | Jacques Kerckenaere | 1952 | m | Gistel | 0:43:42,9 | 10.9 | 5:27 |
| 23. | 430 | Pascal Tourlemain | 1971 | m | Oostende | 0:43:50,0 | 10.9 | 5:28 |
| 24. | 495 | Steve Vandenberghe | 1971 | m | Bredene | 0:44:15,0 | 10.8 | 5:31 |
| 25. | 496 | Yannick Wittevrongel | 1960 | m | Bredene | 0:44:15,0 | 10.8 | 5:31 |
| 26. | 417 | Willy Clinck | 1951 | m | Bredene | 0:44:45,4 | 10.7 | 5:35 |
| 27. | 416 | Christian Vanhulst | 1958 | m | Oostende | 0:44:58,9 | 10.6 | 5:37 |
| 28. | 551 | Patrick Hollevoet | 1966 | m | Bredene | 0:45:14,8 | 10.6 | 5:39 |
| 29. | 461 | Franky Deketelaere | 1963 | m | Zwevezele | 0:46:07,4 | 10.4 | 5:45 |
| 30. | 460 | Marnik Wyffels | 1964 | m | Lichtervelde | 0:46:17,9 | 10.3 | 5:47 |
| 31. | 556 | Luc Debruyne | 1956 | m | Oostende | 0:46:32,6 | 10.3 | 5:49 |
| 32. | 448 | Jean-Paul Van Acker | 1958 | m | Sint-Michiels | 0:46:36,6 | 10.2 | 5:49 |
| 33. | 524 | Jurgen Lydou | 1972 | m | Bredene | 0:46:58,8 | 10.2 | 5:52 |
| 34. | 464 | Dirk Vanhooren | 1966 | m | Bredene | 0:47:19,3 | 10.1 | 5:54 |
| 35. | 412 | Randal D'Hondt | 1970 | m | Klemskerke | 0:48:55,5 | 9.8 | 6:06 |
| 36. | 440 | Willy De Brauwer | 1962 | m | Oostende | 0:50:10,6 | 9.5 | 6:16 |
| 37. | 434 | Jeffrey Butseraen | 1981 | m | Bredene | 0:50:51,2 | 9.4 | 6:21 |
| 38. | 491 | Johan Allonsius | 1954 | m | Bredene | 0:51:19,9 | 9.3 | 6:24 |
| 39. | 478 | David Demaegd | 1981 | m | Mariakerke | 0:51:33,9 | 9.3 | 6:26 |
| 40. | 517 | Jens Vanhooren | 1977 | m | Bredene | 0:51:42,7 | 9.2 | 6:27 |
| 41. | 482 | Philip Blommaert | 1979 | m | De Haan | 0:52:25,1 | 9.1 | 6:33 |
| 42. | 422 | Roel Baumer | 1976 | m | Bredene | 0:53:15,6 | 9.0 | 6:39 |

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| 43. | 436 | Edwin Valcke | 1963 | m | Oostende | 0:55:40,6 | 8.6 | 6:57 |
| 44. | 514 | Pieter Biesbrouck | 1978 | m | Bredene | 0:56:32,3 | 8.4 | 7:04 |
| 45. | 439 | Steve Jonckheere | 1971 | m | Bredene | 0:57:07,0 | 8.4 | 7:08 |
| 46. | 536 | Johan De Corte | 1960 | m | Herne | 0:57:34,7 | 8.3 | 7:11 |